

INLAND EMPIRE TRANS-FRIENDLY RESOURCES

Covering Riverside and San Bernardino Counties in Southern California

Arranged by subject and city for:

www.transgendered-soul.com

This list is provided as a courtesy, a place to start your search for local support. Phone numbers, websites and contact information change regularly and lists like this one fall out of date very quickly. Call ahead and verify all information, before you use these resources. It is up to you to search out the viability of these resources.

Don't forget to check the "links" page of any transgendered websites mentioned, for further resources.

If you would like to notify us of changes or add something to this list, please contact us at: tgsint@onekate.com

CHURCHES

Palm Springs/Cathedral City

MCC of the Coachella Valley

32150 Candlewood Drive, Suite 6, Cathedral City, California 92234

(760) 328-3591 Fax: (760) 328-3596

Email: info@mcccv.org

Website: www.mcccv.org

Pastor: Rev. David Pelletier

Worship time: Sunday 10:00 am & 7:00 pm (same location)

Redlands

United Church of Christ

Worship - Sunday at 10:30AM

168 Bellevue Ave., Redlands CA 92373

(909) 793-3520

Email: office@uccredlands.org

<http://www.uccredlands.org/home.html>

RiversideSafe Haven Community Christian Church

Rev. Renée J. Painter

Ph: (626) 824-7837

Mail to: P. O. Box #1881

Walnut, CA 91788-1881

Meeting Located at the
First Congregational Church

3504 Mission Inn Ave., Riverside, CA 92502

Online fellowship

<http://groups.yahoo.com/group/Safe-Haven-Community-Christian-Church/>

San BernardinoHeartland Christian Fellowship MCC

7231 Boulder Ave., # 165, Highland, California 92346

(909) 379-5326

Website: www.hcfmcc.com

Interim Pastor: Rev. Sandy Williams

Meeting Location:

2286 N. Leroy Street Suite 1-2, San Bernardino, California 92704

Meeting Time: Sunday, 10:15 am

Heartland Metropolitan Community Church

Worship Services: Sunday, 11: AM

Gilbert Street Complex, Mulvane Center

Nori Kieran-Meredith, M.Div., Senior Pastor

revnori@heartlandmcc.org

909-782-8145

Mailing Address

P.O. Box 1802, Crestline, CA 92325

From Waterman, take Gilbert half a mile east to Paseo Way (across from 755 East Gilbert Street). Go left at Paseo Way, then turn right at the 10 MPH sign to the nearest building).

CLOTHING

Riverside

Carrie Olney

Via Norte near the intersection of Van Buren and Arlington

Riverside, CA

(951) 354-6318

She does alteration and makes great custom made clothing. No weddings. She is kind, open minded, and trans-friendly. You will need to make an appointment. She works out of her home in Riverside.

Texas

Vlada Rockwell - clothing designer, custom corsets, custom wedding dresses.

2636 Silverstone Way, Conroe, TX 77304

Phone 936-520-2324

email: vladarockwell@gmail.com

University Graduate from Moscow

Corsets are not anything like those lighter less rigid ones that you can find every where else. Can give instructions on how to take your own measurements

CLOTHING FOR SHORT GUYS

Arcadia

Jimmy Au's Small & Short

308 Campus Drive, Arcadia, CA 91007-6917

(310) 657-2700 or (877) JIMMY AU

<http://www.jimmyaus.com/>

Beverly Hills

Jimmy Au's Small & Short

9408 Brighton Way, Beverly Hills, CA 90210-4703

(310) 888-8708 or (877) JIMMY AU

<http://www.jimmyaus.com/>

Glendale

Jimmy Au's Small & Short

2168 Glendale Galleria, Glendale, CA 91210-2101

(310) 657-2700 or (877) JIMMY AU

<http://www.jimmyaus.com/>

Santa Ana

Jockey Club Limited Short Sizes

3940 S. Bristol Street, , Santa Ana, CA 92704-7451,

(714) 662-0449

<http://www.shortmenssizes.com/>

Cosmetics

Avon - Stephanie Daniels

Independant Avon Representative

Shop online at: www.youravon.com/sdaniels7885

You can contact Stephanie from her contact page on her website or e-mail is stephanie_daniels1@yahoo.com

HAIR REMOVAL/ELECTROLYSIS AND LAZER

Long Beach

American institute of Electrology.

4204 Atlantic Avenue, Long Beach, California 90807

562-595-9091 Call to make an appointment.

They charge about 1/3 the price of an independent electrologist.

Phalen

Sharon DuBois, L.E.

Permanent Hair Removal

9124 Windermere Rd., Phelan, CA 92371

(760) 868-4510

Redlands

Redlands Electrology Clinic

229 Cajon St, Redlands CA 92373-5201

(909) 793-6308

Riverside

2 Much Hair.com

Mary Albrecht, RE

15181 Van Buren Blvd, Riverside, California

Email: atswill@hotmail.com

Mary is very transgendered friendly and will do genital work.

(951) 780-7474 OR (951) 907-0015

Website: www.2muchhair.com

Temecula

2 Much Hair.com

Mary Albrecht, RE

27537 Commerce Center Drive Ste. 210, Temecula, California

Email: atswill@hotmail.com

Electrolysis, Microdermabrasion, Treats Bromhidrosis

Mary is very transgendered friendly and will do genital work.

(951) 780-7474 OR (951) 907-0015

Website: www.2muchhair.com

Upland

Diana Melillo

916 No. Mountain Ave, B-4, Upland CA 91786

(909) 985-2084

Over 25 yrs experience.

She also does SRS electrolysis.

DOCTORS FOR HEALTH AND HORMONES**Fontana**

Matthew L. McCauley, M.D., F.A.C.E.

Endocrinology/Internal Medicine

Kaiser Permanente

Southern California Permanente Medical Group

9961 Sierra Avenue, Fontana, CA. 92335

Appts/Msgs: (909) 427-3910

Loma Linda

Loma Linda University

Family Medicine Center

25455 Barton Rd., Suite 201A, Loma Linda, CA 92354

(909) 558-6655

This clinic is run by Dr. Depee, she is trans friendly. The Doctors under her are more Trans knowledgeable. This clinic takes Medi-Cal. You can see her directly if you have Medi Medi.

Los Angeles

Dr. Horowitz - Hormones

Hormone therapy for TS/TG

8635 W. Third St., Suite 885 W, Los Angeles, CA 90048

(310) 358-7200

Dr. Horowitz is a good doctor. He requires a therapist letter and does not take insurance of any kind for gender issues.

Palm Desert

Gino Tutera, M.D., F.A.C.O.G. - Hormones

73-733 Fred Waring Dr., Suite 202, Palm Desert, CA 92260

(760) 773-2616

Dr. Gino Tutera has more than 26 years as a specialist in treating hormonal imbalance. He uses bio-identical hormones

www.sottopelletherapy.com

Rancho Cucamonga

J. Michael Lee, MD - Health

Rancho Cucamonga, CA

work: 909-484-4234

Transgender-aware

HIV Medicine and Family Practice

Insurance accepted:

All Private, Most PPOS, EPOS, POS, Medicare, No HMO's

Rancho Mirage

Dr. Gino Tutera - Hormones

SottoPelle Therapy

72780 Country Club Dr., Suite D-403, Rancho Mirage, CA 92270

760.773.2616

<http://www.sottopelletherapy.com/>

Doesnt take insurance. You payment at time of treatment.

Uses bio identical hormones

Initial consultation fee with blood work \$225 - one time payment

Insertion & pellets cost range:

\$255 - \$295 for T women

\$700 - \$900 for T men

Riverside

Curtis, Keith D DO - Raincross Medical Group - Health and Hormones

(951) 774-2963

4646 Brockton Ave, #201, Riverside, CA 92506 Map it | Get directions Cross Streets: Between Rice Rd and Tequesquite Ave

San Diego

Estelle Toby Goldstein MD - Psychologist that prescribes hormones for TG

4521 Park Blvd., Suite C, San Diego, CA 92116

(619) 296-6563

docteurg@docteurg.com

www.docteurg.com

North Park Family Health Center - Hormones and HIV/STI

3544 30th Street, San Diego, CA 92104

(619) 515-2449

<http://www.fhcsd.org/>

Tuesday Night Clinic,

Monitored Hormonal Therapy, HIV/STI Testing.

Walki-ins Till 7:30 PM. \$20.00 Fee.

West Hollywood

Maddie Deutsch MD - Hormones

GLBT Health, Primary Care

8350 Santa Monica Blvd. Suite 104, West Hollywood, Ca 90069

(323) 219-2469

maddie@doctormaddie.com

<http://doctormaddie.com/>

West Los Angeles

Dr. O'Dea - Hormones

The Hamilton Center

1950 Sawtelle Blvd., Suite 145A, West Los Angeles

(310) 481-2245

Fountain Valley

Dr. Glen Justice of Pacific Coast Hematology/Oncology

11190 Warner Ave, Fountain Valley, CA 92708

(714) 751-2600

Riverside

5th Element Spa-Ion - Dermatologist

Tonya Kalantarian is a licensed aesthetician

4152 10th Street , Riverside, CA Cross street is Brockton.

(951) 275-4357

SkinByTonya@aol.com

myspace.com/5thelementspalon.

HAIR, WIGS AND NAILS**Pomona**

Gracies Wig Boutique

739 E Holt Ave, Pomona, CA 91767

(909) 622-9711

San Bernardino

Legend Hair & Nail

1470 E Highland Ave # E, San Bernardino, CA 92404

(909) 883-5178

Salon Cutz

2114 E. Highland Ave., San Bernardino, CA 92404

(909) 862-6690

Soterry Nail

164 E. Highland, CA 92404

(909) 885-5411

(909) 200-1191

Upland

Salon Mez A Me

473 N Central Ave,

Upland, CA 91786

(909) 949-3991

HEALTH INSURANCE PLANS

Note: if you plan on having medical procedures like a histo that may be covered by your insurance, you should wait to change your gender marker with Social Security. Your insurance may not approve surgery for a “man” having a histo!

Aetna Online

Website: www.aetna.com/index.htm

Covers treatment of Transsexualism

Clinical Policy Bulletins

Number: 0615

Subject: Sex Reassignment Surgery

View Bulletin at: www.aetna.com/cpb/data/CPBA0615.html

Blue Shield/ Blue Cross Online

Does cover some of the costs of transition, you must go through their steps to do it.

<http://www.bcbs.com/>

Kaiser Permanente

1-800-227-6474 member services

<http://www.kaiserpermanente.org/>

Kaiser Permanente Fontana Medical Center

Hospital and Main Campus

9961 Sierra Ave.

Fontana, CA 92335

Start with the Mental Health Center seeking a therapist.

Therapy: Christine L. Smith,

Psychiatry: Jasvinder K. Dhingra.

Endocrinology: (at Kaiser Fontana) Matthew L. McCauley

HEALTH ORGANIZATIONS

Los Angeles

[FTM Alliance Health Access Program](#)

Director of Health Programs

Daniel Gould

Email: daniel@ftmalliance.org

(323) 462-4755

San Diego

The Transgender Community Coalition

web site: <http://sandiegotcc.org>

e-mail: TCC-SD-owner@yahoogroups.com

Seeks to identify the needs of the transgender community, educate and advocate for resources.

The TCC meets at the Center the 2nd Wed of every month from 7-9pm.

IMAGE CONSULTING

San Bernardino

Elusive Beauty Image Consulting

P.O. Box 7667, San Bernardino, California 92411

(909) 885-9383 or (909) 522-7358

email: styleguru@elusivebeauty.net

<http://www.elusivebeauty.net/>

LEGAL HELP

Encino

Mark Shafron, Attorney at Law

16133 Ventura Blvd., Suite 700, Encino, CA 91436

(888) 420-8088

NIGHT CLUBS AND BARS

Los Angeles

FTM Alliance Culture Club

1110 W. Edgeware Rd., Los Angeles, CA 90026

(Close to Dodger Stadium)

<http://www.ftmalliance.org/calendar.htm>

North Hollywood

The Lodge / Club L

4923 Lankershim Blvd., North Hollywood, Ca.

(818) 769-7722.

Riverside

Menagerie [club]

951.788.8000

3581 University Ave, Riverside, CA 92501

<http://www.clubmenagerie.com/>

Back to the Grind [coffeehouse]

(951) 784-0800

3575 University Ave.

Riverside, CA 92501

www.back2thegrind.com

San Bernardino

The Lark [club]

909.884.8770

917 Inland Center Dr., San Bernardino, CA 92410

www.the-lark.com

Studio City

Platinum Live Nite Club

11345 Ventura Blvd, Studio City

(818) 753-1771

Website: www.queenmaryshowlounge.com/

Victorville

Rickey's

13728 Hesperia Rd. #12, Victorville, Ca 92395

(760) 951-5400

Corner of Green Tree and Hesperia Rd.

PHARMACIES

Loma Linda

Inland Compounding Pharmacy

Pharmacist - Raylene Mote, Pharm.D.

24747 Redlands Blvd., Loma Linda CA 92354

(909) 478-3842

Redlands

Ascend Pharmaceuticals, Inc.

25885 Business Center Drive, Suite K, Redlands, CA 92374

(800) 890-2250 Fax: (800) 890-2251

info@ascendrx.com

Riverside

Community Professional Pharmacy

Pharmacist - Brian Keyes, R. Ph., FIACP

4000 14th Street #107, Riverside CA 92501

(951) 683-1200

Online

Park Pharmacy and Compounding Center

<http://www.parkrx.com/>

SUPPORT GROUPS**Palm Springs**

Desert Transgender Unity

Come visit the Center upstairs at Sun Center (next to Revivals)

611 South Palm Canyon Dr. # 201, Palm Springs, CA 92264

760 327-2313 Fax 760 327-0334

Open MON - THU 10am- 9 pm, FRI 10 to 2 pm, SAT 10 to 2 pm, Sunday
Closed

EMAIL: info@desertpridecenterps.org.

<http://www.desertpridecenter.org/>

Meets the 4th Tuesday every month from 6:00 pm to 7:30 pm

Redlands

PFLAG Redlands

718 Afton Court, Redlands, CA 92374

909 335-2005

Riverside

JOCC - Jeffery Owen Community Center

Excuses to Get Together (ETGT)

Meets the third Saturday of each month at 7:00 pm

<http://jocc.org/>

San Bernardino

The Transgendered Soul

Online Support Group for Trans People

Renee (909) 289-9785 (MTF) or Paris (909) 433-9533 (FTM)

Email: renee102099@verizon.net or parisean14@yahoo.com

http://groups.yahoo.com/group/Transgendered_Soul/

Meets the second Saturday of each month from 4 - 8pm

IE T-Guys

Online Support Group For FTM's In The Inland Empire

Paris (909) 433-9533 (FTM)

Email: parisean14@yahoo.com

http://groups.yahoo.com/group/IE_T-Guys/

Temecula

PFLAG Temecula

1882 Loma Bonita Street, Perris, CA 92570

(951)943-7323 (951) 452-2551

SURGEONS

Santa Ana

Dr. Gastón de la Garza

Gardel Plastic Surgery Institute (Free Consultation Office)

2010 N. Bristol, Santa Ana, CA. 90241

Tel: 1-800-427-3354

www.gardel-plastic-surgery.com

San Francisco

Dr. Michael L. Brownstein

Dr. Brownstein has performed gender related surgery since the late 1970's

1001 Mariposa St., Ste. 101, San Francisco, CA 94107

(877) 255-2081

Email: mlb@brownsteinmd.com

Website: www.brownsteinmd.com/

Douglas K. Ousterhout, MD, DDS

Known for facial feminization surgery

45 Castro Street, Suite 150, San Francisco, California 94114

(415) 626-2888

Email: ousterht@concentric.net

San Mateo

Robert R. Brink, M.D.

66 Bovet Road, San Mateo, CA. 94402

Tel: (650) 570-6066

<http://www.surgicalift.com/tg/>

Lake Havasu City, AZ

Dr. Dana Balderrama

1945 Mesquite Avenue, Suite D, Lake Havasu City, AZ 86403

(928) 453-9487 office (928) 453-9638 fax

Email: havasuplasticsurgery@yahoo.com

Breast and chest surgery

TATTOOS**San Bernardino**

Traditional Tattoo

2150 S Waterman Ave Ste B

San Bernardino, CA 92408

(909) 872-0373

THERAPISTS AND COUNSELORS**Rancho Cucamonga**

Jo Ann Simmons Walker, MS

Marriage, Family & child Therapist, Jo Ann has extensive work with TS people.

9089 Baseline Road, Suite 200, Rancho Cucamonga CA 91730

(909) 980-3567

Redlands

Dr. Bill Shearer and wife, Robin

Founders of Alternative Group Inc.

1902 Orange Tree Lane Suite 150, Redlands, CA 92373

(909) 798-4668

Groups web site: <http://www.alternativegroupinc.com/index.htm>

San Bernardino

Christine Smith - Therapist,

Kaiser Mental Health

325 W. Hospitality Lane, San Bernardino, CA 92508

(909) 386-5500

Jasvinder Kaur - Psychiatrist

Kaiser Mental Health

325 W. Hospitality Lane

San Bernardino, CA 92508

(909) 386-5500

Lynn L. Nickens, MSW, LCSW LCS 18158

1264 S. Waterman Avenue, Suite 54,

San Bernardino, CA 92408,

(909) 890-9520

email: reallifedreams@aol.com

Los Angeles

Cindie Henrie

(323) 829-3548

www.therapist4me.com

Experience with transgender clients, Online sessions via a webcam.

Alexander Yoo, M.A.

6310 San Vicente Blvd., Suite 410

Los Angeles, CA 90035

www.alexanderyoo.com

(310) 773-3484

West Hollywood

Maddie Deutsch, MD

8350 Santa Monica Blvd. Suite 104, West Hollywood, CA 90069

323-219-2469

Maddie@DoctorMaddie.com <http://www.doctormaddie.com>