

Therapists/Counselors

This list is provided as a courtesy by the Transgendered Soul.
This list is therapist currently being used by Transgendered people.

Resources compiled from a variety of different sources including:
Transgendered Soul, Transgender.org, OCTC, The Center, Transgender Task Force and individuals.
See only a therapist that you feel comfortable with.

Albany

Sage Foster
Albany, CA
(510) 528-6966
Specializing in Psychotherapy

Bakersfield

Dr. Gary Longwith Clinical Therapist experienced with trans people
1800 Westwind Drive. Suite 101,
661-327-3405.
(accepts Medi-Cal/Medicare)

Therapist Mary Valenti - experience with Tran people
661-869-2610 #19
<http://www.kcpafug.com/transbfl.pdf>
Local trans therapy group

Berkeley

Davina Kotulski
Berkeley, CA
(510) 843-1396
Specializing in Psychotherapy

Jules Bernstein, Ph.D.
Berkeley, CA
(510) 527-1152
Specializing in Psychotherapy

Carol Pedro-Cirabisi, M.S.
Berkeley, CA
(510) 704-5241
Specializing in Psychotherapy

Kim Hraca, M.A. MFCC
Berkeley, CA.
(510) 601-1859

My goal is to help you make conscious choices about the expression of your gender identity. I do follow the standards of care.

Brea

Rosalyn Laudati, Ph.D.
410 W Central Ave
Brea, CA 92821
(714) 529-8861

Burlingame

Paula-Jo Husack, M.A., M.F.C.C.
1838 El Camino Real, Suite 201
Burlingame, CA.
(650) 343-4554
Counseling, Psychotherapy & Consulting Individuals, Couples, Families, Groups.

Campbell

Beverly Kam, MFT
1925 S. Winchester Blvd., #206,
Campbell, CA
(408) 378-7433
Specializing in Psychotherapy

Culver City

Ways of Being Community Counseling Center
400 Corporate Pointe
Culver City, CA 90230
(310) 574-2813 Ext. 550

Garden Grove

Brad Brafford Wellness Center
12752 Garden Grove Blvd. Suite 103
Garden Grove, Ca 92843
(714) 534-0862 ext 330

Irvine

Yemmy Taylog Ph.D.
One Park Plaza, Suite 600
Irvine, CA 92614
(949) 633-3065

Los Alamitos

Mary M. Read, MFCC
5152 Katella Ave. Suite 201
Los Alamitos, CA 90720
(562) 799-9797
(714) 891-8566

Los Angeles

Gender Wellness of Los Angeles
Casey Weitzman, MA, M.F.T.
Tom Cotsen, M.D.
2035 Westwood Blvd., Ste.#204
Los Angeles, CA 90025
(310) 441-0411
caseymft@verizon.net
www.genwell.org

L.A. Gender Center
Marie Keller, MA, M.F.T.
Arlen Ring, Ph.D.
Amanda Silvestri, MA, C.A.S.
Elise Turen, MA
1923 1/2 Westwood Blvd., Ste.#2`
Los Angeles, CA 90025
(310)475-8880
staff@lagendercenter.com
www.lagendercenter.com

Alexander Yoo, M.A.
6310 San Vicente Blvd., Suite 410
Los Angeles, CA 90035
www.alexanderyoo.com
(310) 773-3484

Casey Weitzman MFT
1923 Westwood Blvd.
Los Angeles, CA 90025
(310) 441-0411

Maureen Morrissey, M.A.
Los Angeles, CA
(310) 475-8880
Specializing in Psychotherapy

Christine Milrod - LMFT
Los Angeles, CA
(310) 281-9658
www.transgendercounseling.com
info@transgendercounseling.com

Davis Fleming, M.A.
Los Angeles, CA
(310) 475-8880
Specializing in Psychotherapy

Los Gatos

Millie Brown, Ph.D.
Los Gatos, CA
(408) 249-2205
Specializing in Psychotherapy

Newport Beach

Lisa Maurel, M.A., M.F.T
1400 Bristol Street North, Suite 250
Newport Beach, Ca 92660
(714) 390-8189

Rosalyn Laudati, Ph.D.
1303 Avocado Ave Ste 235
Newport Beach, CA 92660
(714) 529-8861

Olga Perez-Stable Cox, M.F.T
1101 Dove, suite 260
Newport Beach, Ca 92660
(714) 850-9820

Oakland

Dr. Rebecca Auge, Ph.D., Licensed Clinical Psychologist
3637 Grand Ave., Suite C,
Oakland, CA
(510) 835-9820

She uses a problem solving approach to working with her clients and helps them develop a path that works for them. Her emphasis is on developing social skills and appropriate behavior for the gender a person wants to assume. She offers help with job related transition issues as well as friends, family and others involved with a transgendered person understand and cope.

Nancy A. Mckay, L.C.S.W.
3645 Grand Ave., Suite 207,
Oakland, CA
(510) 272-9994

Nancy has helped transvestites and transgendered individuals work through impediments to self acceptance and self esteem and arrive at whatever adjustment in life is best for them. She has also worked with their partners and their families to assist with communicating and relating in the most beneficial manner.

Palo Alto

Judy Van Maasdam, M.A.
Palo Alto, CA
(650) 326-4645
Specializing in Psychotherapy

George Deabill, Ph.D.
Palo Alto, CA
(650) 494-3363
Specializing in Psychotherapy

Rancho Cucamonga

Jo Ann Simmons Walker, MS
Marriage, Family & child Therapist,
9089 Baseline Road, Suite 200
Rancho Cucamonga CA 91730
(909) 980-3567

Jo Ann has extensive work with TS people. Comes highly recommended.

Redlands

Claudia Lake, PhD
Office in Redlands, works with correctional facility during the day, at home after 6 pm
and weekends
Home: (909) 792-4615
Cell: (909) 377-3941
email: drtigerlake@adelphia.net

Dr. Bill Shearer and wife, Robin
Founders of Alternative Group Inc.
1902 Orange Tree Lane Suite 150,
Redlands, CA 92373
(909) 798-4668
Groups web site: <http://www.alternativegroupinc.com/index.htm>

Redwood City

Robin Dea, M.D.
1150 Veterans Blvd.,
Redwood City, CA
(415) 299-2250

Dr. Dea is the only psychiatrist on Kaiser's staff who treats gender related problems and has worked extensively with MTF and FTM clients. She only handles a small case load due to administrative duties and has a long waiting list.

San Bernardino

Christine Smith - Therapist,
Kaiser Mental Health
325 W. Hospitality Lane
San Bernardino, CA 92508
(909) 386-5500

Jasvinder K. Dhingra - Psychiatrist
Kaiser Mental Health
325 W. Hospitality Lane
San Bernardino, CA 92508
(909) 386-5500

Lynn L. Nickens, MSW, LCSW LCS 18158
1264 S. Waterman Avenue, Suite 54,
San Bernardino, CA 92408,
(909) 890-9520
email: reallifedreams@aol.com

San Diego

Kurt Buis, PsyD
2313 El Cajon Boulevard
San Diego, CA 92104
(619) 260-6380
San Diego Lgbt Community Center-El Cajon

Mel Karmen, MFCC
4111 Palmetto Way, Suite B
San Diego, CA 92037
(619) 296-9442
Mental Health Practitioners

Patricia Wojdowski, LCSW
4926 La Cuenta Drive, Suite 200
San Diego, CA 92124
(858) 292-0492
Gender Disorders Counseling

Jan Eder, Psy.D.
San Diego, CA
(619) 231-9266
Specializing in Psychotherapy

San Francisco

Barbara Anderson, M.S.W., Ph.D.,
1557 Franklin St.
San Francisco, CA.
(415) 776-0139

Her private practice in downtown S.F. is presently limited to sex and gender counseling. She works with individuals, couples and families who have concerns surrounding gender identity and sexual orientation. She uses a solution-oriented model of therapy.

Linda Alperstein, LCSW
San Francisco, CA
Specializing in Psychotherapy
(415) 648-8862

Katherine Reed, LCSW
San Francisco, CA
(415) 566-5079
Specializing in Psychotherapy

Luanna Rodgers, M.F.C.C.
1102 Sanchez St.,
San Francisco, CA
(415) 641-8890
Individual Psychotherapy, Couples & Family Counseling, Gender, Sexuality. Her ad reads "Specializing in work with the Transgender Community."

Gianna E. Israel
P.O. Box 424447,
San Francisco, CA
(415) 558-8058
E-mail Gianna@Counselsuite.co
Individual and relationship counseling, nationwide telephone consultation, evaluations and recommendations.

Deborah Caust, Ph.D.
San Francisco, CA
(415) 255-2161
Specializing in Sexology

Howard Devore, Ph.D.
San Francisco, CA
(415) 927-2129
Specializing in Psychotherapy

Dossie Easton, MFCC
San Francisco, CA
(415) 752-7455
Specializing in Psychotherapy

Peter Greenberg, M.D.
San Francisco, CA
(415) 921-8097
Specializing in Psychiatry

William A. Henkin, Ph.D.
1801 Bush St., Suite 111,
San Francisco, CA
(415) 923-1150
Specialty, people who live alternate sex and/or gender lifestyles, including TV's, TG's, TS's and their SO's. His orientation is fundamentally psychodynamic, in that he believes events that affect us early in life continue to affect us later in life until and unless they are dealt with.

Dr. Lin Fraser
2538 California St.,
San Francisco, CA
(415) 922-9240
Dr. Fraser offers long term individual psychotherapy-Jungian orientation, and short term group, couples and family therapy-eclectic orientation. Her specialization is evaluating and treating persons with gender identity issues.

San Jose

Cynthia Young, M.A.
1939 The Alameda,
San Jose, CA
(408) 448-9809
Specializing in Psychotherapy. Counseling for Individuals, Couples and Families.

George Deabill, Ph.D.
San Jose, CA
(408) 947-3234
Specializing in Psychotherapy

San Rafael

Anne Vitale PhD 610 D Street,
San Rafael, CA 94901
(415) 456-4452
e-mail: avitale@nbn.com.
Therapeutic approach is the process of being.

Santa Monica

Santa Monica Counseling Center
2210 Santa Monica Blvd. #C
Santa Monica, CA 90404
(310) 395-4024

Santa Ana

Center for Clarity
Jenny Friend, M.S., M.F.T
1850 E. 17th St., Suite 107
Santa Ana, CA 92705
(714) 543-3900
email: jennyfriendmft@sbcglobal.net

Sausalito

Edward, J. Hyman, Ph.D.
Sausalito, CA
(415) 388-4479
Specializing in Psychotherapy

Thousand Oaks

Max Fuhrmann, Ph.D.
(805) 496-4442
Gerophd1@verizon.net
3617 E. Thousand Oaks Blvd. Suite 128
Thousand Oaks, Ca 91362

Union City

Steve Dain, M.A., D.C.
Union City, CA
(510) 429-8166
Specializing in Sex Therapy

Vera B. Dain
Union City, CA
(510) 429-8166
Certified Sex Therapist and Certified Hypnotherapist

Ventura

Max Fuhrmann, Ph.D.
674 Country Square Drive, Suite 307
Ventura, CA 93303
(805) 641-1304

Walnut Creek

Linda Thiele, L.C.S.W.
2960 Camino Diablo. Suite 200,
Walnut Creek, CA
(925) 934-4282

She focuses on self-acceptance, improving self-esteem, relationship issues and overcoming the shame and guilt that often occurs when keeping a secret.

West Hollywood

Maddie Deutsch, MD
8350 Santa Monica Blvd. Suite 104
West Hollywood, CA 90069
323.219.2469
Maddie@DoctorMaddie.com
<http://www.doctormaddie.com>

Christine Milrod, MA, M.F.T.
519 No. La Cienega Blvd., #209
West Hollywood, CA 90048
(310) 281-9658
info@transgendercounseling.com
www.transgendercounseling.com

Therapy2Go
Rosalyne Blumenstein, MS
Will meet where ever is convenient for you
(310) 850-2702
rmb Blumenstein@aol.com

Woodland Hills

Arlen Ring, Ph.D.
20501 Ventura Blvd., Suit 395
Woodland Hills, Ca 91364
(818) 999-0581
Arlen@ArlenRing.com
www.ArlenRing.com
also see Los Angeles Gender Center

Online

Cindie Henrie
(323) 829-3548
www.therapist4me.com).
Experience with transgender clients,
[Online sessions via a webcam.](#)