

# **Inland Empire Trans Friendly Resource List**

Compiled for the Transgendered Soul

[http://groups.yahoo.com/group/Transgendered\\_Soul/](http://groups.yahoo.com/group/Transgendered_Soul/)

For questions, to add a resource, or request a pdf copy, contact me at  
[parisean14@yahoo.com](mailto:parisean14@yahoo.com)

## **Churches**

### **Bakersfield**

MCC of the Harvest  
PO Box 30357  
Bakersfield California 93385  
(661) 873-8891  
Email: [MCCBakCA@aol.com](mailto:MCCBakCA@aol.com)  
Pastoral Leader: Board of Directors  
Meeting location: 3816 River Blvd.  
Worship time: Sunday 7:00 pm

### **Palm Springs/Cathedral City**

MCC of the Coachella Valley  
32150 Candlewood Drive, Suite 6  
Cathedral City, California 92234  
(760) 328-3591 Fax: (760) 328-3596  
Email: [info@mcccv.org](mailto:info@mcccv.org)  
Website: [www.mcccv.org](http://www.mcccv.org)  
Pastor: Rev. David Pelletier  
Worship time: Sunday 10:00 am & 7:00 pm (same location)

### **Redlands**

United Church of Christ  
Worship - Sunday at 10:30AM  
168 Bellevue Ave.  
Redlands CA 92373  
(909) 793-3520  
Email: [office@uccredlands.org](mailto:office@uccredlands.org)  
<http://www.uccredlands.org/home.html>

### **Riverside**

Safe Haven Community Christian Church  
Rev. Renée J. Painter  
Ph: (626) 824-7837  
Mail to address:  
P. O. Box #1881  
Walnut, CA 91788-1881

Meeting Located at the  
First Congregational Church  
3504 Mission Inn Ave.  
Riverside, CA 92502  
Online fellowship  
<http://groups.yahoo.com/group/Safe-Haven-Community-Christian-Church/>

### **San Bernardino**

Heartland Christian Fellowship MCC  
7231 Boulder Ave., # 165  
Highland, California 92346  
(909) 379-5326  
Website: [www.hcfmcc.com](http://www.hcfmcc.com)  
Webmaster: [mandventerprisesinc@aol.com](mailto:mandventerprisesinc@aol.com)  
Interim Pastor: Rev. Sandy Williams  
Meeting Location: 2286 N. Leroy Street Suite 1-2  
San Bernardino, California 92704  
Meeting Time: Sunday, 10:15 am

## **Clothing**

### **Riverside**

Carrie  
Via Norte near the intersection of Van Buren and Arlington  
Riverside, CA  
(951) 354-6318  
She makes great custom made clothing. She is kind, open minded, and trans-friendly. She works out of her home in Riverside.

### **Texas**

Vlada Rockwell - clothing designer, custom corsets, custom wedding dresses.  
2636 Silverstone Way  
Conroe, TX 77304  
Phone 936-520-2324  
email: [vladarockwell@gmail.com](mailto:vladarockwell@gmail.com)  
University Graduate from Moscow  
Corsets are not anything like those lighter less rigid ones that you can find every where else. Can give instructions on how to take your own measurements

## Clothing for Short Guys

### **Arcadia**

Jimmy Au's Small & Short  
308 Campus Drive  
Arcadia, CA 91007-6917  
(310) 657-2700 or (877) JIMMY AU  
<http://www.jimmyaus.com/>

### **Beverly Hills**

Jimmy Au's Small & Short  
9408 Brighton Way  
Beverly Hills, CA 90210-4703  
(310) 888-8708 or (877) JIMMY AU  
<http://www.jimmyaus.com/>

### **Glendale**

Jimmy Au's Small & Short  
2168 Glendale Galleria  
Glendale, CA 91210-2101  
(310) 657-2700 or (877) JIMMY AU  
<http://www.jimmyaus.com/>

### **Santa Ana**

Jockey Club Limited Short Sizes  
3940 S. Bristol Street,  
Santa Ana, CA 92704-7451,  
(714) 662-0449  
<http://www.shortmenssizes.com/>

## Conferences And Events

### **Los Angeles**

Trans/Giving  
P.O. Box 2604  
San Gabriel, CA 91778  
Email: [info @ transgiving.org](mailto:info@transgiving.org)  
Website: [www.transgiving.org](http://www.transgiving.org)

### **San Jose**

California Dreamin  
Held in April each year  
Hotel Doubletree, San Jose  
2050 Gateway Place  
San Jose, CA 95110-1001  
(408) 836-4063

Website: [www.california-dreamin.org/index.html](http://www.california-dreamin.org/index.html)  
Email: [info@california-dreamin.org](mailto:info@california-dreamin.org)

### **Warner Springs**

Circles - March/April (See website for actual dates)

Manzanita Village Retreat Center  
Puerta La Cruz near Warner Springs

Mailing address:

Ordinary Dharma,  
Manzanita Village,

PO Box 67,

Warner Springs, CA 92086

email: [manzanita@ordinarydharma.org](mailto:manzanita@ordinarydharma.org)

phone: 760-782-9223 (two-and-a-half hours from Los Angeles, one-and-a-half hours from San Diego)

<http://www.manzanitavillage.org/>

## **Cosmetics**

### **Grand Terrace/Colton**

Paris Leisure

Transgendered Independent Avon Rep.

Grand Terrace, CA 92313

(909) 433-9533

Email: [parisean14@yahoo.com](mailto:parisean14@yahoo.com)

[www.youravon.com/pleisure](http://www.youravon.com/pleisure)

## **Electrolysis/ Lazer**

### **Long Beach**

American institute of Electrology.

4204 Atlantic Avenue

Long Beach, California 90807

562-595-9091

Call to make an appointment.

They charge about 1/3 the price of an independent electrologist.

### **Phalen**

Sharon DuBois, L.E.

Permanent Hair Removal

9124 Windermere Rd.

Phelan, CA 92371

(760) 868-4510

**Redlands**

Redlands Electrology Clinic  
229 Cajon St  
Redlands CA 92373-5201  
(909) 793-6308

**Riverside**

2 Much Hair.com  
Mary Albrecht, RE  
15181 Van Buren Blvd  
Riverside, California  
Email: atswill@hotmail.com  
Electrolysis  
Microdermabrasion  
Treats Bromhidrosis  
Mary is very transgendered friendly and will do genital work.  
(951) 780-7474 OR (951) 907-0015  
Website: www.2muchhair.com

**Temecula**

2 Much Hair.com  
Mary Albrecht, RE  
27537 Commerce Center Drive Ste. 210  
Temecula, California  
Email: atswill@hotmail.com  
Electrolysis  
Microdermabrasion  
Treats Bromhidrosis  
Mary is very transgendered friendly and will do genital work.  
(951) 780-7474 OR (951) 907-0015  
Website: www.2muchhair.com

**Upland**

Diana Melillo  
916 No. Mountain Ave, B-4  
Upland CA 91786  
(909) 985-2084  
Over 25 yrs experience.  
She also does SRS electrolysis.

**West Los Angeles**

Layla's Electrolysis  
West Los Angeles  
(310) 473-8979

## Hormones/Endocrinologists/Family Doctors

### Fontana

Matthew L. McCauley, M.D., F.A.C.E.  
Endocrinology/Internal Medicine  
Kaiser Permanente  
Southern California Permanente Medical Group  
9961 Sierra Avenue  
Fontana, CA. 92335  
Appts/Msgs: (909) 427-3910

### Loma Linda

Loma Linda University  
Family Medicine Center  
25455 Barton Rd., Suite 201A  
Loma Linda, CA 92354  
(909) 558-6655

This clinic is run by Dr. Depee, she is trans friendly. The Doctors under her are more Trans knowledgeable. This clinic takes Medi-Cal

### Los Angeles

Dr. Horowitz  
Hormone therapy for TS/TG  
8635 W. Third St., Suite 885 W  
Los Angeles, CA 90048  
(310) 358-7200

### Palm Springs

Gino Tutera, M.D., F.A.C.O.G.  
73-733 Fred Waring Dr.  
Suite 202  
Palm Desert, CA 92260  
(760) 773-2616

Dr. Gino Tutera has more than 26 years as a specialist in treating hormonal imbalance. He uses bio-identical hormones  
[www.sottopelletherapy.com](http://www.sottopelletherapy.com)

### Rancho Cucamonga

J. Michael Lee, MD  
Rancho Cucamonga, CA  
work: 909-484-4234  
Transgender-aware  
HIV Medicine and Family Practice  
Insurance accepted:  
All Private, Most PPOS, EPOS, POS, Medicare, No HMO's

**San Diego**

Estelle Toby Goldstein MD - Psychologist that prescribes hormones and treats TG  
4521 Park Blvd., Suite C  
San Diego, CA 92116  
(619) 296-6563  
docteurg@docteurg.com  
www.docteurg.com

Dr. Smith

San Diego.

(619) 515-2449

he in only available on Tues. nights

\$20 per 2 visits (including doctor time and basic health monitoring

He also works at the VA hospital in SD, specializing in communicable diseases [Hiv etc].

**West Los Angeles**

Dr. O'Dea

The Hamilton Center

1950 Sawtelle Blvd., Suite 145A

West Los Angeles

(310) 481-2245

**Doctors For Other Health Issues****Fountain Valley**

Oncologist/Hematologist

Dr. Glen Justice of Pacific Coast Hematology/Oncology

11190 Warner Ave

Fountain Valley, CA 92708

(714) 751-2600

**Dermatologist/Dermatology****Riverside**

Tonya Kalantarian is a licensed aesthetician

5th Element Spa-lon

4152 10th Street

Riverside. Cross street is Brockton.

951-275-4357

SkinByTonya@aol.com

myspace.com/5thelementspalon.

## Hair/Wigs/Nail

### **Pomona**

Gracies Wig Boutique  
739 E Holt Ave, Pomona, CA  
Pomona, CA 91767  
(909) 622-9711

### **San Bernardino**

Legend Hair & Nail  
1470 E Highland Ave # E,  
San Bernardino, CA 92404  
(909) 883-5178

Salon Cutz  
2114 E. Highland Ave.  
San Bernardino, CA 92404  
(909) 862-6690

Soterry Nail  
164 E. Hi8ghland, CA 92404  
(909) 885-5411  
(909) 200-1191

### **Upland**

Salon Mez A Me  
473 N Central Ave,  
Upland, CA 91786  
(909) 949-3991

## Health Insurance Plans

### **Aetna Online**

Website: [www.aetna.com/index.htm](http://www.aetna.com/index.htm)  
Covers treatment of Transsexualism  
Clinical Policy Bulletins  
Number: 0615  
Subject: Sex Reassignment Surgery  
View Bulletin at: [www.aetna.com/cpb/data/CPBA0615.html](http://www.aetna.com/cpb/data/CPBA0615.html)

### **Blue Shield/ Blue Cross Online**

Does cover some of the costs of transition, you must go through their steps to do it.  
<http://www.bcbs.com/>



### **Kaiser Permanente**

1-800-227-6474 member services  
<http://www.kaiserpermanente.org/>  
Kaiser Permanente Fontana Medical Center  
Hospital and Main Campus  
9961 Sierra Ave.  
Fontana, CA 92335  
Start with the Mental Health Center seeking a therapist.  
Therapy: Christine L. Smith,  
Psychiatry: Jasvinder K. Dhingra.  
Endocrinology: (at Kaiser Fontana) Matthew L. McCauley

## **Health Organizations**

### **Los Angeles**

FTM Alliance of Los Angeles  
Health Care Access Town Hall.  
Program Manager is Ian.  
Email: [ian@ftmalliance.org](mailto:ian@ftmalliance.org)  
(323) 462-4755

### **San Diego**

Transgender Community Coalition of San Diego  
Trangender Health Project holds Tuesday night clinic  
Administers, "T" and takes blood tests to watch your levels for folks who don't have a primary care doctor or whose insurance doesn't cover some or all of their necessary services. Contact AJ  
Email: [lve2drm@yahoo.com](mailto:lve2drm@yahoo.com)

## **Image Consulting**

### **San Bernardino**

Elusive Beauty Image Consulting  
P.O. Box 7667  
San Bernardino, California 92411  
909.885.9383 or 909.522.7358  
email: [styleguru@elusivebeauty.net](mailto:styleguru@elusivebeauty.net)  
<http://www.elusivebeauty.net/>

## **Legal Aid and Attorneys**

### **Encino**

Mark Shafron, Attorney at Law  
16133 Ventura Blvd., Suite 700  
Encino, CA 91436  
(818) 995-6020

## Night Clubs

### Los Angeles

FTM Alliance Culture Club  
1110 W. Edgeware Rd.  
Los Angeles, CA 90026  
(Close to Dodger Stadium)  
<http://www.ftmalliance.org/calendar.htm>

### North Hollywood

The Lodge / Club L  
4923 Lankershim Blvd,  
North Hollywood, Ca.  
(818) 769-7722.

### Riverside

Menagerie [club]  
951.788.8000  
3581 University Ave  
Riverside, CA 92501  
<http://www.clubmenagerie.com/>

Back to the Grind [coffeehouse]  
951.784.0800  
3575 University Ave.  
Riverside, CA 92501  
[www.back2thegrind.com](http://www.back2thegrind.com)

### San Bernardino

The Lark [club]  
909.884.8770  
917 Inland Center Dr.  
San Bernardino, CA 92410  
[www.the-lark.com](http://www.the-lark.com)

### Studio City

Platinum Live nite club  
11345 Ventura Blvd, Studio City  
(818) 753-1771  
Website: [www.queenmaryshowlounge.com/](http://www.queenmaryshowlounge.com/)

## Compounding Pharmacies

### Loma Linda

Inland Compounding Pharmacy  
Pharmacist Raylene Mote, Pharm.D.  
24747 Redlands Blvd.  
Loma Linda CA 92354  
(909) 478-3842

### Redlands

Ascend Pharmaceuticals, Inc.  
25885 Business Center Drive, Suite K  
Redlands, CA 92374  
(800) 890-2250  
Fax: (800) 890-2251  
info@ascendrx.com

### Riverside

Community Professional Pharmacy  
Pharmacist Brian Keyes, R. Ph., FIACP  
4000 14th Street #107  
Riverside CA 92501  
(951) 683-1200

## Support Groups

### Redlands

PFLAG Redlands  
718 Afton Court  
Redlands, CA 92374  
909.335.2005  
iefflag@iefflag.org  
<http://www.iefflag.org>

### San Bernardino

The Transgendered Soul  
Online Support Group for Trans People  
Renee (909) 289-9785 (MTF) or Paris (909) 433-9533 (FTM)  
Email: renee102099@verizon.net or parisean14@yahoo.com  
[http://groups.yahoo.com/group/Transgendered\\_Soul/](http://groups.yahoo.com/group/Transgendered_Soul/)

### IE T-Guys

Online Support Group For FTM's In The Inland Empire  
Paris (909) 433-9533 (FTM)  
Email: parisean14@yahoo.com  
[http://groups.yahoo.com/group/IE\\_T-Guys/](http://groups.yahoo.com/group/IE_T-Guys/)

**Temecula**

PFLAG Temecula  
1882 Loma Bonita Street  
Perris, CA 92570  
951.943.7323  
951.452.2551

**Surgeons****Santa Ana**

Dr. Gastón de la Garza  
Gardel Plastic Surgery Institute (Free Consultation Office)  
2010 N. Bristol  
Santa Ana, CA. 90241  
Tel: 1-800-427-3354  
[www.gardel-plastic-surgery.com](http://www.gardel-plastic-surgery.com)

**San Francisco**

Dr. Michael L. Brownstein  
Dr. Brownstein has performed gender related surgery since the late 1970's  
1001 Mariposa St., Ste. 101  
San Francisco, CA 94107  
(877) 255-2081  
Email: [mlb@brownsteinmd.com](mailto:mlb@brownsteinmd.com)  
Website: [www.brownsteinmd.com/](http://www.brownsteinmd.com/)

**San Francisco**

Douglas K. Ousterhout, MD, DDS  
Known for facial feminization surgery  
45 Castro Street, Suite 150  
San Francisco, California 94114  
(415) 626-2888  
Email: [ousterht@concentric.net](mailto:ousterht@concentric.net)

**San Mateo**

Robert R. Brink, M.D.  
66 Bovet Road  
San Mateo, CA. 94402  
Tel: (650) 570-6066  
<http://www.surgicalift.com/tg/>

**Lake Havasu City, AZ**

Dr. Dana Balderrama  
1945 Mesquite Avenue, Suite D  
Lake Havasu City, AZ 86403  
(928) 453-9487 office  
(928) 453-9638 fax  
Email: [havasuplasticsurgery@yahoo.com](mailto:havasuplasticsurgery@yahoo.com)  
Breast and chest surgery

**Tattoos****San Bernardino**

Traditional Tattoo  
2150 S Waterman Ave Ste B  
San Bernardino, CA 92408  
(909) 872-0373

**Therapists/Counselors****Rancho Cucamonga**

Jo Ann Simmons Walker, MS  
Marriage, Family & child Therapist,  
9089 Baseline Road, Suite 200  
Rancho Cucamonga CA 91730  
(909) 980-3567  
Jo Ann has extensive work with TS people.

**Redlands**

Dr. Bill Shearer and wife, Robin  
Founders of Alternative Group Inc.  
1902 Orange Tree Lane Suite 150,  
Redlands, CA 92373  
(909) 798-4668  
Groups web site: <http://www.alternativegroupinc.com/index.htm>

**San Bernardino**

Christine Smith - Therapist,  
Kaiser Mental Health  
325 W. Hospitality Lane  
San Bernardino, CA 92508  
(909) 386-5500

**San Bernardino**

Jasvinder Kaur - Psychiatrist  
Kaiser Mental Health  
325 W. Hospitality Lane  
San Bernardino, CA 92508  
(909) 386-5500

Lynn L. Nickens, MSW, LCSW LCS 18158  
1264 S. Waterman Avenue, Suite 54,  
San Bernardino, CA 92408,  
(909) 890-9520  
email: reallifedreams@aol.com

**Los Angeles**

Cindie Henrie  
(323) 829-3548  
www.therapist4me.com).  
Experience with transgender clients,  
Online sessions via a webcam.

Alexander Yoo, M.A.  
6310 San Vicente Blvd., Suite 410  
Los Angeles, CA 90035  
[www.alexanderyoo.com](http://www.alexanderyoo.com)  
(310) 773-3484

**West Hollywood**

Maddie Deutsch, MD  
8350 Santa Monica Blvd. Suite 104  
West Hollywood, CA 90069  
323.219.2469  
Maddie@DoctorMaddie.com  
<http://www.doctormaddie.com>